

SURAH AL-A'RAAF: 31

يَبْنَىءَ آدَمَ خُذُوا زِينَتَكُمْ عِنْدَ كُلِّ مَسْجِدٍ وَكُلُوا وَاشْرَبُوا وَلَا تُسْرِفُوا إِنَّهُ لَا يُحِبُّ الْمُسْرِفِينَ

O Children of Adam! Take your adornment to every Masjid, and eat and drink, but waste not by extravagance, certainly He (Allah) likes not the wasteful.

This beautiful aayah can be described into 3 parts:

1. Allah's SWT commandment to TAKE ADORNMENT to the House of Allah (Masjid)
2. Eat and drink and DON'T WASTE (over limit)
3. Allah DISLIKE those who trespass the limits

1st PART: To take Adornment to Masjid - ADAB to Meet ALLAH.

- This Ayah refutes the idolaters' practice of performing Tawaf in Kaabah. During that time, all Mushrikin Makkah performed Tawaaf while naked (men and women) as follow of their ancestors' tradition.
- Then, Allah SWT ordered to not follow them but to dress properly and beautifully when performing Ibadah.
- **Meaning: When you come to pray, dress beautifully with nice clothes, good scents body and mouth.**

2nd PART: Eat and Drink, but waste not - Live your Life but Don't Over Limit.

- We live our life, we eat, we drink (and we wear) what we want but don't be excessive.
- Allah forbids us to have an extravagance life (To have things that is not necessary, this is extravagance)
- **Hadith: "Eat what you wish and wear what you wish, as long as you avoid two things: extravagance and arrogance. (Bukhari)**

3rd Part: Allah DISLIKE the wasteful people

- This is a warning from Allah to us Bani Adam. To have moderate life according to our needs (Every person has different needs & capacity)
- Allah SWT does not like those who trespass the limits on an allowed matter: THOSE who go to the extreme over what He has allowed (eg: Eat Vegan only)
- and also Allah SWT does not like those who allow what He has prohibited (eg: Eat excessively)

Lessons from this Aayah:

- Dress properly and beautifully to meet Allah SWT (every point of Salah)
- Follow the Sunnah of our Prophet SAW. How he lives his life.
- Everything that we have will be asked by Allah SWT in the Day of Judgment.
- **We are UMMATAN WASATA. we live our life moderately**
- **We eat but we don't over eat - We spend but we don't overspend - We sleep but we don't over-sleep**

May Allah SWT keep us all away from Excessiveness and Arrogance, Ameen !